

November 2022

Dear Parents/carers



During Early Year's Foundation Stage, a child's first experience with oral health can impact on the rest of their life.

That's why it's important to teach them about their mouth and introduce them to good habits as soon as possible. It is equally vital to continue to 'normalise' dental visits and put them at ease with the role of a dentist as a person they can trust.

This week during our Topic of 'Dental Health' we have introduced and consolidated the importance of brushing our teeth in the correct way through songs and discussions, games and role play. We have read stories about going to the dentist and talked about what are 'healthy foods' and 'not so healthy foods' for our teeth and bodies.

To continue your child's learning at home we have purchased an environmentally friendly toothbrush for them to take home and a few stickers to encourage them to brush their teeth regularly and hopefully they will be excited to share their learning with you.

If you would like a toothbrushing chart to help encourage your child to brush their teeth, please ask a member of the team

Please also see the advice on the other side

From the playgroup team